



12.09.2023

Designated Child Protection Teachers: Mrs McLaughlin & Mrs Wilson



Meet the Teacher Reminder



This evening (Tuesday) & tomorrow evening (Wednesday) in the school hall. Each meeting should last approximately 30 minutes.

The meetings will take place at the following times:

Tuesday 12 September

P5 - 5:00 p.m.

P6 - 5:45 p.m.

P4 - 6:30 p.m.

Wednesday 13 September

P2 - 5:00 p.m.

P1 - 5:45 p.m.

P3 - 6:30 p.m.

We hope very much that you will be able to come along.

THIS
WEEK'S
STAR
PUPILS

P2



P3



P4



P5



P6



P7





CONGRATULATIONS



Walkers and cyclists are enjoying the handiwork of Molly in P6, whose brightly coloured creation now adorns the Millennium Milepost on National Cycle Network Route 9, which connects Belfast to Lisburn via the Lagan Towpath

Molly entered a competition to redesign the milepost organised by our Active School Travel Officer, Iain Sneddon. She was so enthusiastic, she and her mum Claire joined Rachael and volunteer John in painting the Millennium Milepost.

Well done Molly!





SEPTEMBER UPDATE

sustrans
JOIN THE MOVEMENT

We are delighted to be partnering with Sustrans for a second year, to promote active travel to school. See below a list of activities which are planned for Term 1.

'Ditch the Stabilisers'

Sessions for pupils in P1-3. More information is in this edition of the newsletter.

'Cycle to School Week' 25 – 29 September.

Please make every effort to walk, cycle or scoot to school on at least one of the days. If you would like to **'Park and Stride'**, you can park in the YMCA and walk down to school.

'Bike Breakfast' – Friday 29 September.

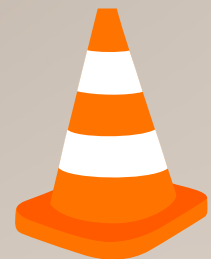
Any pupils who rides their scooter, or cycles to school, is invited to enjoy a brioche in the bottom playground from 8.30 am. Parents welcome!

October is 'Walk to School Month'.

Look out for more information later in the month on how you can help to get more children walking to school!

21 November – Puncture repair workshops for P5 and P6 pupils.

Friday 1 December – NI Daily Mile Santa Run.



A special thanks to Iain from Sustrans for his tireless work and commitment to promoting active travel at Stranmillis PS.

Sadly, some people are continuing to put our pupils' safety at risk by parking illegally on double yellow lines, on the street corners, or on the yellow lines outside the gate. Please put our children's safety first and park responsibly.



Ditch the Stabilisers

Tuesday 12 September 2023



Dear Parent/Carer

Has your child got a bike but not quite mastered riding it without the stabilisers yet? We can help! As part of our involvement in the **Sustrans Active School Travel Programme**, we will be offering free ‘Ditch the Stabilisers’ sessions for **Primary 1, 2 or 3 pupils**. These sessions will be led by Iain Sneddon, our Sustrans Active Travel Officer.

For each child to take part, 1 parent/carer must attend the session to help with their learning. Places are limited per session and the school will confirm which time slot to come along to. **One session will be from 8.50-9.50am and one session will be from 1.00-1.50pm.**

All pupils will be required to wear a helmet in order to take part. Please make sure the helmet fits well and adjust straps at home beforehand if necessary. Opting out of wearing a helmet must have written parent/guardian permission provided to Sustrans.

Your child must bring a safe bike. The Sustrans officer is trained to check bikes. If a bike is deemed unsafe, then the pupil will not be able to participate in the session. Please see checklist below.

SUSTRANS – DITCH THE STABILISERS CONSENT FORM

Child’s Name: _____

Are there any medical conditions or other issues the Sustrans Active Travel Officer should be aware of?

I give consent for the above child to take part in Sustrans’ Ditch the Stabilisers session

Parent or Guardian Signature: _____

Parent or Guardian Name: _____

Date: _____

Which session suits best? Circle as appropriate. **8.50-9.50am 1.00-1.50pm.**

Please return to Mr Arneill in Room 12

How to prepare for the session - Checklist



We'd highly recommend you watch our video showing the different steps we'll be doing on the day – you'll find this by searching 'Sustrans stabilisers' on YouTube!



What to Bring:

Bike – We recommend doing a bike safety check to ensure things like the tyres are pumped and brakes working. Watch our 'M-Check' video on the Sustrans YouTube channel to see how!

Weather appropriate clothing

Medication if required (E.g. Inhaler)

Suitable footwear – for both yourself and your child as it's a very active session, even for the adults!

Helmet – if wearing one please check to ensure it fits well, adjusting straps at home beforehand if necessary.

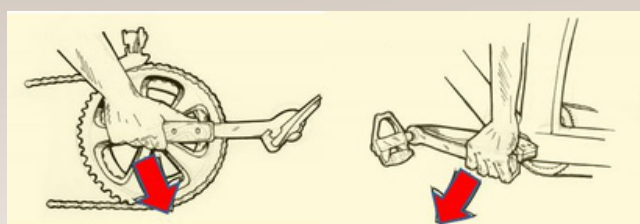


Bike Fit - Please check that your child can put both feet fully on the ground. Please adjust the saddle height so they can. Having their feet flat on the ground will ensure children feel safe and stable during the early stages.



***Remove both pedals and stabilisers* - Important!**

You'll see from watching the video that the first steps require the pedals to be off. All you need to do this is a 15mm spanner. Follow the steps below to see how or there are many videos on YouTube which can also help to explain how. Please be sure to only remove the pedal itself and not the crank arm. Please bring the pedals along with you as we'll need these at a later stage.





COMMUNITY NOTICES & ADVERTISEMENTS

Please note that neither the services advertised on the remaining pages nor those providing them, have been checked or verified by the school.

AQUINAS FC

GIRLS OPEN DAY

FOR GIRLS AGES 6-18

Sunday 24th Sep

As part of YMCA Stranmillis community fun day - 2pm-4pm

FREE

OPEN DAY FOR ALL GIRLS

All Coaches IFA registered

Community Fun Day CFC

Sunday 24th September 2023
1pm - 4pm
BELFAST YMCA

Made with PosterMyWall.com

The poster features a central soccer ball, a background image of girls playing soccer on a field, and the Aquinas FC logo. It includes text about a free open day for girls aged 6-18 on Sunday 24th September, as part of a community fun day at the Belfast YMCA. It also mentions that all coaches are IFA registered and provides the date, time, and location of the event.



COMMUNITY FUN DAY



FREE ADMISSION

- BOUNCY CASTLES • ENTERTAINMENT
- FOOD TRUCKS • JO JINGLES
- ARTS & CRAFTS • SALSA DANCE LESSON
- THE GATHERING DRUM

Sunday 24th September 2023

1pm - 4pm

BELFAST YMCA

**56 - 58 KNIGHTSBRIDGE PARK
STRANMILLIS, BT9 5EH**

Applying for _____

Free School Meals & Uniform Allowance

If you require help...

-  www.eani.org.uk/financial-help/free-school-meals-uniform-grants
-  028 9041 8044
-  mealsanduniform@eani.org.uk

1. Are you eligible?

You must be:

- in receipt of a qualifying benefit OR
- be an Asylum Seeker supported by the Home Office Asylum Support Assessment Team (ASAT).

Qualifying Benefits:

- Income Support;
- Income Based Jobseeker's Allowance;
- Income Related Employment and Support Allowance;
- Guarantee Element of State Pension Credit;
- Child Tax Credit or Working Tax Credit with an annual taxable household income of £16,190 or less;
- Universal credit and have net household earnings not exceeding £14,000 per year.

2. What documentation do you need?

You will be asked to upload proof that you are receiving a qualifying benefit:

Tax Credits Award Notice

Universal Credit Payments breakdown or

- Proof of Benefit letter (if you are in receipt of Income Support, Income Based Jobseeker's Allowance, Income Related Employment and Support Allowance or the Guarantee Element of State Pension Credit).

3. What else do you need?

- National Insurance Number
- Children's names
- Dates of Birth
- Schools they will be attending
- Address
- E-mail and telephone number
- Bank or building society account and sort code details.

4. Where do you apply?

Visit the EA's Free School Meals and Uniforms page to start an application. As well as new applicants, parents/guardians who are currently in receipt of Free School Meals & Uniform Allowance will need to apply again for this year. You will need to register with an e-mail address and create an account to apply. You will then be able to log back in to check your application



5. What happens next?

Your application will be processed within 5 weeks. Please do not contact EA for an update on your application within the 5 weeks of submitting your application. If you have provided incorrect or insufficient supporting documentation, you will receive a tailored email advising you to resubmit your application with details of the correct documentation you need to provide.

You will receive an email from EA once your application has been approved and processed.