

STRANMILLIS PRIMARY SCHOOL

www.stranmillisprimary.org

Designated Child Protection Teachers: Mrs McLaughlin & Mrs Wilson

WEEKLY BULLETIN

ISSUE 2

7 SEPTEMBER 2022

COVID Regulations Update

The COVID-19 Operational Update for Schools - September 2022 has now been issued.

It states that a **person who develops symptoms of COVID-19 must immediately isolate** in line with the latest NIDirect Guidance.

The key change is that children with a positive test result should stay at home and avoid contact with other people for **three days** after the day of the test.

As a precautionary measure those who test positive should avoid contact with individuals who are at 'higher risk' from COVID for ten days.

Pupils with COVID-19 symptoms will be unwell, therefore in line with our normal policy for a short period of illness, remote learning will not be provided. Pupils may continue to read, learn spellings and number facts if appropriate and complete the weekly homework tasks on Seesaw.

The general public is no longer required to test for COVID-19 even if symptoms are evident, so we are asking that you support us in keeping your child at home if he/she displays symptoms until they are well.

REMINDER

Year Group Curriculum Evenings

Each meeting should last approximately 30 minutes and will be held in the school hall.

The meetings will take place in the school hall at the following times :

Tuesday 13 September P2 Curriculum evening; 5:00 p.m.

P6 Curriculum Evening; 5:45 p.m.

P1 Curriculum Evening; 6:30 p.m.

Wednesday 14 September P3 Curriculum evening; 5:00p.m.

P4 Curriculum Evening; 5:45 p.m.

P5 Curriculum Evening; 6:30 p.m.

We hope very much that you will be able to come along to the meeting.

Educational Trust Fund.

Thank you to everyone who has donated to our Educational Trust Fund to date. We have had a superb response and greatly appreciate your support. This money is ring fenced to buy books . It allows us ensure our library has the most up to date titles, supplement guided reading resources and this year to purchase a new Maths scheme.

AQE / GL TESTS

REMINDER

If your child is in P7 and you wish him / her to attend a grammar school next year then you will need to register for the AQE and / or GL assessments. If you have not already done so it is essential that you register before the deadline. **If you miss this deadline your child will not be able to sit the tests and will not be eligible for admission to a grammar school.**

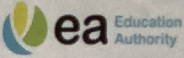
The registration deadline for both is as follows:

23 September

If you need any help or advice please feel free to speak to Mrs Wilson.

Please remember that your child only needs to be entered for the tests if you wish him / her to attend a grammar school next year.

Please note we are on week 3 of the lunch menu

School Lunch Menu						
	Monday	Tuesday	Wednesday	Thursday	Friday	
WEEK 1	Breast of Chicken Curry & Rice, Naan Bread OR Margherita Pizza Garden peas Salad Selection Baked Potato Jam & Coconut sponge	Breaded Fish Fingers OR Chicken Pasta Bake Baked Beans Mixed Vegetables Mashed Potato Tossed Salad Fresh fruit selection & yoghurt	Breaded Chicken Goujons OR Spicy chicken in a Warm Tortilla wrap Sweetcorn, Mashed potatoes Salad Selection Vanilla Ice cream, Oranges, and chocolate sauce	Roast Beef OR Roast Chicken Traditional Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Oven Dry Roast & Mashed Potatoes Frozen yoghurt & Fresh Fruit Selection	Steak burger with bap OR Chicken Panini Tossed Salad/Coleslaw Chips Baked Potato Flakemeal Biscuits & Fresh Fruit Chunks	Breads Milk, Water A Choice of Fresh Fruit & Yoghurt Available Daily If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form
WEEK 2	Spaghetti Bolognese OR Chicken Wrap Crusty bread ½ Baked potato with Cheese Tossed salad Melon, cheese and crackers	Breast of Chicken Curry with Boiled Rice & Naan Bread OR Margherita Pizza Garden Peas Salad selection Baked Potato Chocolate Sponge & Custard	Breaded Fish Goujons OR Chicken Crumble Sweetcorn Mashed Potato Tossed Salad Flakemeal Biscuits and fresh fruit	Roast Pork OR Roast Breast of Chicken Traditional Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots Oven Dry Roast & Mashed Potato Fresh fruit selection & yoghurt	Breaded Chicken Bites OR Chicken and Cheese panini Beans Chips Baked Potato Coleslaw Jelly, Ice Cream and Fresh Fruit	
WEEK 3	Pasta Bolognese OR Chicken Goujons Crusty bread Sweetcorn Mashed potato Raspberry ripple ice cream & Fresh fruit Chunks	Roast Breast of Chicken OR Chicken & Broccoli bake Traditional stuffing Gravy Carrot & Parsnip Oven Dry Roast & Mashed Potato Popcorn cookies and watermelon chunks	Breast of Chicken Curry with Boiled Rice & Naan Bread OR BBQ Chicken Panini Tossed Salad Garden Peas Baked Potato Fruit sponge & custard	Salmon fish cake OR Breaded Fish Baked Beans Mashed Potato Frozen smoothies & fresh fruit	Burger in a Bap OR Margherita Pizza Tossed Salad Coleslaw Chips, Baked Potato Fresh fruit selection & yoghurts	
WEEK 4	Oven Baked Sausages OR Homemade Salt & Chilli chicken Baked Beans Mashed potatoes Arctic roll & selection of fresh fruit	Breaded Fish Fillets OR Spaghetti Bolognese Sweetcorn & Peas Mashed Potato Melon, cheese, and crackers	Breast of Chicken Curry with Boiled Rice & Naan Bread OR Chicken & Cheese panini Garden Peas Baked Potato Tossed Salad? Fruit sponge & custard	Roast Beef OR Roast Breast of Chicken Traditional stuffing Gravy Savoy cabbage Oven Roast Dry & Mashed potato Fresh Fruit Selection and yoghurt	Steak Burger & Bap OR Margherita Pizza Chips Baked Potato Tossed Salad Coleslaw Flakemeal biscuit & Fruit Chunks	

Menu choices subject to deliveries

After School Clubs

Many of our pupils have signed up to one of the after school clubs we have organised for this term. If you haven't signed up, there is still time! Why not have a go!

- Chess Club is now full for this term.
- We are delighted to be working with Watertots swimming club this year. They have allocated a number of hours in the pool exclusively for Stranmillis pupils. See last week's email for information about how to sign up.
- See the note below for our Primary 4 Gardening Club.

Gardening Club



- Gardening Club is for Primary 4 pupils on Thursdays from 3.00-4.00pm.
- It costs £20 for six weeks and takes place in the school grounds.
- It starts next Thursday, 15th September. The last session before Christmas is Thursday 20th October.
- The club is limited to 10 places.
- The club is run by one of our former parents, Laura Gonzalez.
- The children will plant spring bulbs, learn how to plant and grow vegetables, maintain the flower pots around the school and much more!
- To sign up, complete the form below and return it to your child's teacher.

Child's name: _____ Teacher: _____

Contact number: _____

Medical information: _____

September 2022



Dear Parent/Guardian

We have exciting news to share – our school has been chosen to be part of the **Sustrans Active School Travel Programme**, starting this term! We are teaming up with the country's leading sustainable transport charity, Sustrans, to encourage more journeys to school by foot or wheels. Active travel, such as cycling, walking and scooting to and from school, has a range of benefits including:

- improving health through physical activity
- promoting independence
- improving safety awareness
- benefiting the environment
- reducing the number of cars around the school gates, making our school safer for everyone

We will be working closely with **Iain Sneddon**, our **Sustrans Active Travel Officer**, who will help us promote active travel throughout the year:

- organising activities and events to encourage pupils to cycle, scoot and walk to school;
- offering cycling training to help pupils ride safely and feel more confident on their bikes;
- working to get better facilities, including bike and scooter parking;
- working with parents and carers so that they can help support the programme.

We understand cycling or walking to school is not easy for every family, and there will be opportunities for all children to participate in some activities in the programme.

Parents can help by accompanying their children to and from school and ensuring children are wearing helmets and bright clothes to help them be seen by other road users. The decision as to whether a child is competent to cycle, scoot or walk to and from school rests with the parents/carers.

If you are interested in helping out or have any questions about the project, please get in touch. You can also support this initiative by watching out for cyclists and pedestrians on your journey to school.

We look forward to seeing more children and parents/carers cycling, walking and scooting to school this year!

Many thanks,

Mr Arneill
Stranmillis Primary

Iain Sneddon
Sustrans Active Travel Officer
iain.sneddon@sustrans.org.uk

The Active School Travel Programme is funded by the Department for Infrastructure and the Public Health Agency

Cycle to School Week 2022

Date for your diary! What better way to kick off a new year of active school travel than by getting in on the action with **Cycle to School Week**, which takes place from **3rd - 7th October!**

We encourage as many of you to participate as possible.

In support of this please do not park on double yellow lines as a clear line of site is paramount to the safety of all our pupils whether walking or cycling.

Please note we do not have a Crossing Patrol Person to assist children to cross the road safely. Please share this and contact school if there is anyone who could fill this post.

Many thanks

Dear parent/guardian

CONCUSSION AWARENESS – WHO NEEDS TO KNOW?

The Department of Education has requested that all schools should write to parents/guardians to highlight the need for you to keep all organisations informed if your child receives a concussion injury.

Concussion is a brain injury which is usually caused by hitting the head or a fall. It can happen at any time, anywhere: for example during sports, in the school playground, or at home.

Concussion must always be taken seriously and it is vitally important that any child/young person suspected of having concussion should **immediately** be stopped from continuing whatever activity they are doing and be assessed by a medical professional for diagnosis and guidance.

A second injury when a child has concussion can be extremely serious and may even be fatal. It is vitally important therefore that medical clearance is sought before your child returns to school/play. Children should not resume physical activities such as Physical Education (PE), sports or games until permitted to do so by a medical professional.

Concussion may also affect your child's ability to learn at school. This must be considered and medical clearance should be sought before the child returns to school. As symptoms vary from child to child, a graduated return to school programme may be needed.

If your child suffers a concussion in school or outside school, it is vitally important that you keep all people/organisations with responsibility for caring for your child informed so that they are aware of the potential dangers and any restrictions that may apply to the activities your child is permitted to do.

The '**Recognise and Remove**' leaflet produced by the Department of Education and the Department of Culture, Arts and Leisure is available on the Department of Education's website www.education-ni.gov.uk and provides guidance on the signs to look out for.

Keeping everyone informed about concussion is in your child's best interests and parents/guardians have a key role in making sure that information is passed on to their child's teacher, sports coach, youth leader or other care provider.

Yours sincerely

SCHOOL PRINCIPAL

COMMUNITY NOTICES & ADVERTISEMENTS

Please note that neither the services advertised below nor those providing them, have been checked or verified by the school.

Verse Speaking
Storytelling
Improvisation
Drama games
LAMDA
examinations



CLASS
FINISHING TIMES

P1-3:
2:50PM

P4-7
4:15PM

CAST

School of Speech and Drama



THURSDAYS IN THE YMCA
PUPILS COLLECTED FROM SCHOOL
CLASS STARTING 8TH SEPTEMBER

Contact Catherine Gardiner (details below) to reserve a place

07824992423

cast.school@ntlworld.com



£9.50 PER LESSON PER PUPIL
PAYABLE ON A TERM BY TERM BASIS

COMMUNITY NOTICES & ADVERTISEMENTS

Please note that neither the services advertised below nor those providing them, have been checked or verified by the school.

Introductory Tai Chi Course

This autumn we will run an introductory course on Saturday mornings for Tai Chi beginners. We teach the Yang style short form and the course will include the basic principles of Tai Chi, exercises, postures, testing and martial applications. You will not require any special clothing or footwear, however you are advised to wear loose clothing and comfortable, flat shoes. There are no 'belts' or gradings - the primary aim is relaxation.

Location: Stranmillis Primary School, Knightsbridge Park, Stranmillis

Dates: Saturday 10th September - Saturday 10th December

Time: 10am

Cost: £60 total (14 classes) or £5 per class

The first class is free if you want to try before you buy.

Please contact us at internalarts.ni@gmail.com or by telephone on 07790054433 or visit our website at <https://sites.google.com/site/intartsn/home> if you are interested.